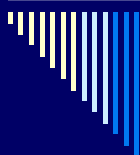


Effective Mentoring

Mansfield University – Fall 2007

August 25, 2007

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Effective Mentoring *Agenda*

- Reflections
 - What's in a name?
 - Definitions
 - Importance of Mentoring
 - Tips for Effective Mentoring
 - It's time to work!
 - Conclusion / Q&A
-



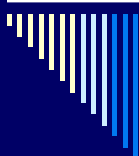
Reflections

- What do you know about mentoring?
- What does the term *mentor* mean?
- Why did you decide to become a mentor?



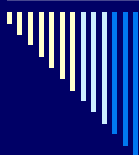
What's in a name?

The term *mentor* comes from Homer's poetic epic, The Odyssey. Odysseus, King of Ithaca, goes to war and entrusts the care and education of his young son, Telemachus, to his faithful friend, Mentor. Despite turmoil, Mentor cares for Telemachus for 20 years and his name has come to mean *loyal and trusted friend, enlightened advisor, and teacher*.



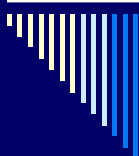
Definition of *Mentor*

- (Noun) Trusted counselor or guide, advisor (Merriam- Webster Dictionary)
- (Noun) A wise trusted counselor or teacher. (Verb) To serve as a trusted counselor or teacher. (Dictionary.com)



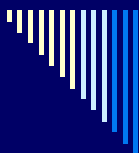
The Mentoring Relationship

- More than simple advising...an extended relationship...
- Common goal: advancement of academic and personal growth.
- Foundation of mentoring includes communication, respect, teaching by example, and providing honest feedback.



Importance of Mentoring Relationships

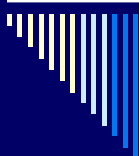
- Mentoring leads to improved academic performance and enhanced skills – Ex. Mentored Research Projects with faculty supervisors at Harvard (Light, 94)
- Mentoring raises expectations and future aspirations (Girves et. al., 454)
- Mentoring transforms both the “mentee” and the mentor (Girves et. al., 454)



Tips for Effective Mentoring

(adapted from DCCC 2007-2009 Mentoring Handbook)

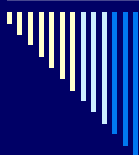
- Listen patiently and actively.
- Build a relationship.
- Be honest, direct and constructive.
- Be observant and attentive.
- Develop self-esteem.
- Set aside ample time and avoid interruptions.
- Share yourself.



Tips for Effective Mentoring

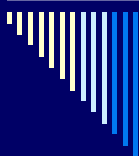
(adapted from DCCC 2007-2009 Mentoring Handbook)

- Stay positive and provide emotional support.
- Help your mentee development a network.
- Be aware of college resources and make referrals as needed.
- Be creative (communication and activities).
- Model good student behavior.



It's time to work!

- In small groups (10 to 15 minutes)...
 - make a list of potential questions for your mentee
 - describe activities that will help you build relationship with your mentee
 - discuss your biggest concern about being a mentor and how you will address this concern.
 - Share with the large group (consider role-play)



CONCLUSION

As mentors who are striving to be effective, you are in position to help other students develop a sense of connection and belonging at Mansfield University. You can help students overcome obstacles, exercise resilience, achieve academic success and ultimately graduate from Mansfield. In the process, you will become more mature and be transformed in many ways.